



## PRACTICAL DIABETES FOR SUPPORT WORKERS

Improve the support you provide to people living with diabetes











# SUPPORT WORKERS AND DIABETES CARE

Diabetes is the fastest growing chronic condition in Australia, with 1 in 4 adults either living with diabetes or pre-diabetes. If not managed effectively, diabetes can lead to serious health complications. Support Workers play an important role in taking care of the person living with diabetes and can help them practice good diabetes care. Effective self–care results in better health related outcomes and quality of life for the person living with diabetes.

#### Who is this course for?

- Support Workers
- Anyone caring for people living with diabetes



1.2 million

people in Australia are diagnosed with diabetes



7,750

people die from diabetes complications in Australia each year



### **COURSE OVERVIEW**

This eLearning program will provide Support Workers with a basic understanding of diabetes, and how it relates to their work and the situations that arise from their role.

#### By completing this course, participants will:

- Have a basic understanding of diabetes, and how to recognise signs and symptoms of diabetes in people in their care
- Recognise the difference between high and low blood glucose levels, and know the appropriate action to take
- Be able to identify and flag issues which may lead to the reduction and prevention of diabetes related complications such as infections
- Improve their ability to support the person living with diabetes and have a meaningful and helpful conversation
- ✓ Be able to identify signs of undiagnosed diabetes and take appropriate action

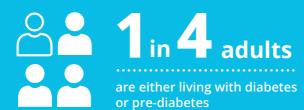


eLearning Course





Talk to us if you wish to purchase multiple logins or to discuss our volume pricing for 15 + users. 1300 727 194 or email@diabetesqualified.com.au



Why Practical Diabetes for Support workers?

- Better outcomes for people in care living with diabetes
- Reduction in diabetes related complications such as infections
- Ensure a safe supervised environment for residents
- ✓ Provides professional development for staff
- Suitable for workers who have English as a second language

## **TALK TO US TODAY**

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1300 727 194 email@diabetesqualified.com.au



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Diabetes Qualified is owned by Diabetes NSW & ACT, Australia's largest member-based charity for people living with or at risk of diabetes. Diabetes NSW & ACT has been supporting people with diabetes, their families, carers and friends, since 1938.