

Accessing Health Professionals through Medicare

Need help looking after your diabetes? Just follow these steps:

Visit your doctor and ask for a GP Management Plan (GPMP) and Team Care Arrangement (TCA).

Your doctor can write you a referral for up to 5 visits for a 12-month period.

You can choose to see a: Diabetes Educator, Dietitian, Exercise Physiologist, Podiatrist, Psychologist, Physiotherapist, Aboriginal Health Worker.



1300 342 238 (Diabetes NSW & ACT)
132 011 (Medicare)